

What is Claimed is:

1. A massage hand tool, comprising:
 - an engagement portion for engaging a person, the engagement portion having a first side and a second side; and
 - a first handle, mounted on the second side of the engagement portion.
2. The massage hand tool of claim 1, further comprising a second handle mounted on the second side of the engagement portion proximate to the first handle.
3. The massage hand tool of claim 2, wherein the second handle is mounted generally perpendicularly with reference to the first handle.
4. The massage hand tool of claim 1, wherein the massage hand tool is formed of wood.
5. The massage hand tool of claim 4, wherein the wood is finished with stain and coated with lacquer or polyurethane.
6. A massage hand tool, comprising:
 - a first substantially spherical engagement portion;
 - a first support shaft, having a first end and a second end, wherein the second end of the first support shaft is attached to the first substantially spherical

engagement portion and the support shaft proceed substantially perpendicularly outward therefrom; and

a first handle, having a first end and a second end, wherein the second end of the first handle is mounted at the first end of the first shaft and proceeds substantially perpendicularly outward therefrom.

7. The massage hand tool of claim 6, further comprising:

a second substantially spherical engagement portion;
a second support shaft, having a first end and a second end, wherein the second end of the second support shaft is attached to the second substantially spherical engagement portion and the second support shaft proceeds substantially perpendicularly outward therefrom;

a second handle, having a first end and a second end, wherein the second end of the second handle is mounted at the first end of the second shaft and proceeds substantially perpendicularly outward therefrom; and

a transverse shaft, having a first end and a second end, wherein the second end is mounted on the first substantially spherical engagement portion and proceeding generally perpendicularly therefrom, and the first end of the transverse shaft is mounted on the second substantially spherical engagement portion and proceeding generally perpendicularly therefrom.

8. The massage hand tool of claim 7, wherein the transverse shaft is oriented generally perpendicularly in relation to the first support shaft and the second support shaft.
9. The massage hand tool of claim 6, wherein the massage hand tool is formed of wood.
10. The massage hand tool of claim 9, wherein the wood is finished with stain and coated with lacquer or polyurethane.
11. A massage hand tool, comprising:
 - an engagement portion, having a concave engagement face and a mounting end;
 - a support shaft, having a first end and a second end, the second end of the support shaft mounted at the mounting end of the engagement portion; and
 - a handle, mounted at the first end of the support shaft.
12. The massage hand tool of claim 11, wherein the handle and the engagement portion are generally mounted perpendicularly to one another.
13. The massage hand tool of claim 11, wherein the handle and the engagement portion are generally co-planar in orientation.

14. The massage hand tool of claim 13, wherein the length of the engagement portion is less than the length of the handle.
15. The massage hand tool of claim 13, wherein the length of the engagement portion is greater than the length of the handle.
16. The massage hand tool of claim 11, wherein the massage hand tool is formed of wood.
17. The massage hand tool of claim 16, wherein the wood is finished with stain and coated with lacquer or polyurethane.
18. A massage hand tool, comprising:
 - a first engagement portion, having a convex engagement face and a substantially flat mounting end;
 - a first support shaft, having a first end and a second end, the second end of the support shaft mounted at the substantially flat mounting end of the first engagement portion generally centrally; and
 - a first handle, mounted at the first end of the support shaft.
19. The massage hand tool of claim 18, wherein the first handle and the first engagement portion are generally mounted perpendicularly to one another.

20. The massage hand tool of claim 18, wherein the first handle and the first engagement portion are generally mounted co-planar in orientation to one another.

21. The massage hand tool of claim 20, further comprising:

- a second engagement portion, having a convex engagement face and a substantially flat mounting end;
- a second support shaft, having a first end and a second end, wherein the second end of the second support shaft is attached to the second engagement portion at the substantially flat mounting end of the second engagement portion generally centrally;
- a second handle, having a first end and a second end, wherein the second end of the second handle is mounted at the first end of the second shaft and proceeds substantially perpendicularly outward therefrom; and
- a transverse shaft, having a first end and a second end, wherein the second end is disposed between the first engagement portion and the second engagement portion, wherein the first end of the transverse shaft is mounted on the first engagement portion and proceeds generally perpendicularly therefrom, and the second end of the transverse shaft is mounted on the second engagement portion and proceeds generally perpendicularly therefrom.

22. The massage hand tool of claim 18, wherein the massage hand tool is formed of wood.

23. The massage hand tool of claim 22, wherein the wood is finished with stain and coated with lacquer or polyurethane.

24. A massage hand tool, comprising:

an engagement portion, adapted for mounting on a forearm, having a first end and a second end, wherein the first end of the engagement portion is generally adapted to be mounted proximate to the palm area, and the second end of the engagement portion is generally adapted to be mounted proximate to the elbow; and

a first strap, mounted on the engagement portion for securing the engagement portion to the periphery of the forearm.

25. The massage hand tool of claim 24, further comprising a second strap mounted on the engagement portion for securing the engagement portion to the periphery of the forearm.

26. A massage hand tool, comprising:

a first engagement portion;

a first support shaft, having a first end and a second end, wherein the second end of the first support shaft is attached to the first engagement portion and the support shaft proceed substantially perpendicularly outward therefrom;

and

a first handle, having a first end and a second end, wherein the second end of the first handle is mounted at the first end of the first shaft and proceeds substantially perpendicularly outward therefrom.

27. The massage hand tool of claim 26, further comprising:
 - a second engagement portion;
 - a second support shaft, having a first end and a second end, wherein the second end of the second support shaft is attached to the second engagement portion and the second support shaft proceeds substantially perpendicularly outward therefrom;
 - a second handle, having a first end and a second end, wherein the second end of the second handle is mounted at the first end of the second shaft and proceeds substantially perpendicularly outward therefrom; and
 - a transverse shaft, having a first end and a second end, wherein the second end is mounted on the first engagement portion and proceeding generally perpendicularly therefrom, and the first end of the transverse shaft is mounted on the second engagement portion and proceeding generally perpendicularly therefrom.

28. The massage hand tool of claim 27, wherein the transverse shaft is oriented generally perpendicularly in relation to the first support shaft and the second support shaft.

29. The massage hand tool of claim 26, wherein the massage hand tool is formed of wood.

30. The massage hand tool of claim 29, wherein the wood is finished with stain and coated with lacquer or polyurethane.